



You should brush at least twice a day. When you brush in the morning, you can cross out Mr. Sun. And when you brush before bedtime, you can cross out Mr. Moon. Soon brushing your teeth will become a healthy habit!

Daily Brushing Chart

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Picture to Word Match

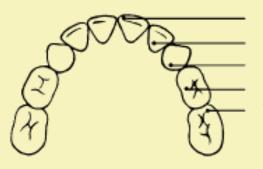
Can you find the word that matches the correct picture?

Draw a line from each picture to the word that describes it. If you can find all eight matches, you are on your way to become a dynamite dental kid!

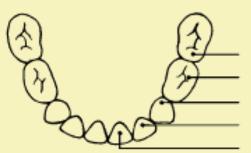
Toothpaste
Tooth
Smile
Dentist
Cavity
Toothbrush
Tooth Fairy
Floss

The Developing Smile: Tooth Eruption Charts

Primary Teeth

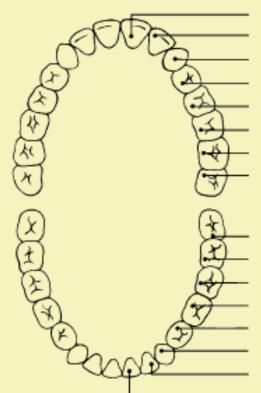


Upper Teeth	Erupt	Shed
Central incisor	8-12 mos.	6-7 yrs.
Lateral incisor	9-13 mos.	7-8 yrs.
Canine (cuspid)	16-22 mos.	10-12 yrs.
First molar	13-19 mos.	9-11 yrs.
Second molar	25-33 mos.	10-12 yrs.



Lower Teeth	Erupt	Shed
Second molar	23-31 mos.	10-12 yrs.
First molar	14-18 mos.	9-11 yrs.
Canine (cuspid)	17-23 mos.	9-12 yrs.
Lateral incisor	10-16 mos.	7-8 yrs.
Central incisor	6-10 mos.	6-7 yrs.

Permanent Teeth



Upper Teeth	Erupt
Central incisor	7-8 yrs.
Lateral incisor	8-9 yrs.
Canine (cuspid)	11-12 yrs.
First premolar (first bicuspid)	10-11 yrs.
Second premolar (second bicuspid)	10-12 yrs.
First molar	6-7 yrs.
Second molar	12-13 yrs.
Third molar (wisdom tooth)	17-21 yrs.

Third molar (wisdom tooth)	17-21 yrs.
Lower Teeth	Erupt
Third molar (wisdom tooth)	17-21 yrs.
Second molar	11-13 yrs.
First molar	6-7 yrs.
Second premolar (second bicuspid)	11-12 yrs.
First premolar (first bicuspid)	10-12 yrs.
Canine (cuspid)	9-10 yrs.
Lateral incisor	7-8 yrs.
Central incisor	6-7 yrs.